

## GET RESULTS YOU DESERVE

### Who should join The Resiliency Program?

Any Veteran suffering with:

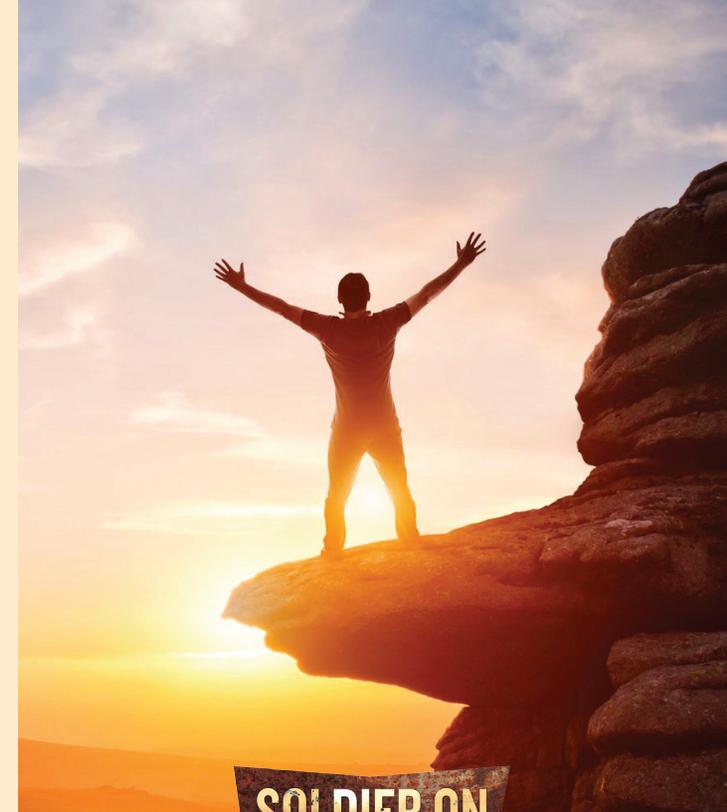
- Anxiety
  - Burnout
  - Depression
  - PTSD
  - Fatigue
  - Loss of drive
  - Loss of joy
  - Poor concentration
  - Sleep issues
  - Just not feeling right
- ... ANY VETERAN who just wants more quality of life!

## SUCCESS STORIES ...

*"I am keenly aware of Soldier On's Resiliency Program and how it is benefiting veterans and active duty personnel. The program has been explained to me by a first-hand recipient who I have known and respected for many years. He credits his experience with The Resiliency Program with restoring the quality-of-life to his personal, family, and professional life. He has also witnessed the benefits of the program in numerous other participants. I believe that the addition of The Resiliency Program on a larger scale would be of value in improving proficiency, resiliency, and morale of our military personnel and veterans."*

– Admiral Mike Mullen, U.S. Navy (Ret.)  
17th Chairman of the Joint Chiefs of Staff

*"My name is Jason L. and I am a service disable veteran diagnosed with severe PTSD. I have a service dog who provides care and security for me as well, but has not been 100% successful. The addition of The Resiliency Program using supplements and holistic treatment has enhanced my ability and desire to actually live life to the fullest. I am feeling better about myself and am no longer in a fog. Medicines and psychological care from the V.A. were substandard and made me feel worse Thank you Dr. Z and Dr. C!"* – Jason L



**SOLDIER ON**

# THE RESILIENCY PROGRAM

A NATURAL APPROACH TO IMPROVING THE MENTAL AND PHYSICAL HEALTH OF OUR VETERANS



**SOLDIER ON**

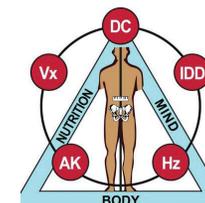
To find out more about  
The Resiliency Program at Soldier On  
call or visit our website:

**732-308-0099**

[wesoldieron.org/resiliency-program](http://wesoldieron.org/resiliency-program)

## FEEL LIKE YOURSELF AGAIN

*"I think that it's a great program with an innovative approach to Veteran Care. For the first time, I am sleeping better, feeling less anxious and calmer. Through a combination of supplements and N.E.T., I found that I could be myself again."* – Belinda



Developed and Directed by  
Dr. Steven Zodkoy

“... the addition of The Resiliency Program on a larger scale would be of value in improving proficiency, resiliency, and morale of our military personnel and veterans.”

– ADMIRAL MIKE MULLEN, U.S. Navy (Ret.) 17th Chairman of the Joint Chiefs of Staff

## What is The Resiliency Program?

The Resiliency Program focuses on helping veterans realize their full potential by improving their mental and physical health.

## How does the program work?

There are 2 parts to The Resiliency Program:

**Part 1:** A personalized clinical nutritional supplementation program is designed and continuously adapted for each veteran. The goal of the nutritional program is to revitalize the mind and body. The nutritional program is designed to be utilized in conjunction with your medications (see Figure 2).

**Part 2:** 1-on-1 sessions with a physician to desensitize you to your past traumas, emotional triggers and mental road blocks. Our emotional desensitization sessions use the power of the Chinese meridian system to quickly eliminate issues and produce long lasting results (see Figure 1).

To Join The Resiliency Program, Contact:  
CHRISTIE CALDERON (Veterans Advocate)

732-308-0099

Email: CACalderon01@gmail.com

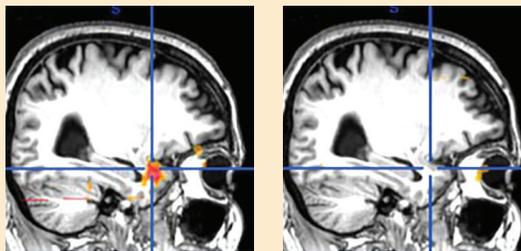


Figure 1. Brain function before and after NET treatment

## TECHNIQUES THAT GET RESULTS

These are before and after images of a PTSD patient who was treated with Neuro Emotional Technique, a treatment utilized in The Resiliency Program. The first image shows hyperactive brain function and the second image shows normal function after treatment.

To date over 700 veterans have entered the program and over 7000 1-on-1 sessions have been completed.

## PROVEN SUCCESS!

“In one word AWESOME! I still can’t believe the results. Exactly what I needed and have been searching for. Thanks to the R.P. I am living a life with balance and finally have a regular sleep routine. This is a must for anyone living with mental health issues.” – John

## QUESTIONS & ANSWERS

**Q:** What is the cost?

**A:** The program is FREE to veterans

**Q:** How long does the program take?

**A:** Veterans begin to feel results within weeks and complete the program in 6 months

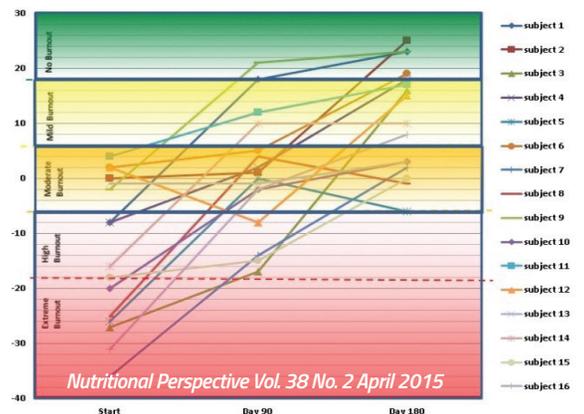
**Q:** Why will this work if nothing else has helped?

**A:** Most medical programs are designed to treat a symptom, disease or complaint. The Resiliency Program is designed to restore normal mind-body function, which allows you to naturally overcome physical and emotional issues that have not healed in the past. IT IS DIFFERENT and IT WORKS!

## NUTRITION THAT REVITALIZES

This research study published on the nutritional aspect of The Resiliency Program showed that the average participants improved their physical and emotional complaints by 81% over a 6 month period. It also showed that 100% of the participants had improvement

Figure 2. Military PTSD/Burnout MBI Scores Over 180 Days



Find out more about The Resiliency Program at Soldier On, please visit the website:

[wesoldieron.org/resiliency-program](http://wesoldieron.org/resiliency-program)